

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

San Mateo (SE)

	San Mateo County	Error Margin	Top U.S. Performers [^]	California	Rank (of 57)
Health Outcomes					1
Length of Life					1
Premature death	3,500	3,400-3,700	5,200	5,200	
Quality of Life					5
Poor or fair health **	11%	11-11%	12%	18%	
Poor physical health days **	3.0	2.9-3.1	3.0	3.6	
Poor mental health days **	3.0	2.9-3.1	3.0	3.6	
Low birthweight	7%	7-7%	6%	7%	
Health Factors					2
Health Behaviors					2
Adult smoking ** +	9%	8-9%	14%	12%	
Adult obesity	21%	18-24%	26%	23%	
Food environment index	8.7		8.4	7.8	
Physical inactivity +	16%	14-18%	19%	17%	
Access to exercise opportunities +	100%		91%	94%	
Excessive drinking ** -	18%	18-18%	12%	18%	
Alcohol-impaired driving deaths \	25%	22-29%	13%	29%	
Sexually transmitted infections \	302.1		145.5	459.9	
Teen births +	17	16-17	17	29	
Clinical Care					5
Uninsured +	9%	8-10%	8%	14%	
Primary care physicians +	990:1		1,040:1	1,280:1	
Dentists +	1,010:1		1,320:1	1,250:1	
Mental health providers +	320:1		360:1	350:1	
Preventable hospital stays +	23	21-24	36	36	
Diabetes monitoring -	79%	76-81%	91%	82%	
Mammography screening +	68%	65-70%	71%	60%	
Social & Economic Factors					1
High school graduation +	88%		95%	82%	
Some college +	75%	73-76%	72%	63%	
Unemployment +	3.4%		3.3%	6.2%	
Children in poverty ● ?	10%	8-11%	12%	21%	
Income inequality	4.7	4.6-4.9	3.7	5.2	
Children in single-parent households ●	22%	21-24%	21%	32%	
Social associations	5.9		22.1	5.8	
Violent crime +	228		62	407	
Injury deaths +	36	34-38	53	47	
Physical Environment					29
Air pollution - particulate matter **	8.1		6.7	8.0	
Drinking water violations	Yes				
Severe housing problems -	24%	24-25%	9%	28%	
Driving alone to work ?	70%	69-70%	72%	73%	
Long commute - driving alone	37%	36-38%	15%	39%	

Areas to Explore Areas of Strength

[^] 10th/90th percentile, i.e., only 10% are better.
 Note: Blank values reflect unreliable or missing data
 ** Data should not be compared with prior years